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**FISCAL YEAR 2003
CHILD AND ADULT CARE FOOD PROGRAM
OPERATIONAL MEMO #9**

TO: Child and Adult Care Food Program Sponsors

FROM: Susan Perkowski Anderson, Director
Office of School Support Services

DATE: December 19, 2002

SUBJECT: *Watch Me Grow* calendar

Enclosed is the 2003-2004 *Watch Me Grow - Healthy, Happy and Strong!* calendar, targeted specifically for families in Michigan. This informative calendar is 24 months in length - January 2003 through December 2004. *Watch Me Grow* promotes the health and well-being of families and helps families build support networks of effective programs and resources. Each month it highlights a different program - offering both program information and telephone numbers. Activities and tips for parents are also offered throughout the calendar providing information on health, safety, nutrition, and parenting.

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